



# Impact Report 2016-17

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ACCESS Open Minds is a SPOR network  
funded by the Canadian Institutes of Health  
Research and the Graham Boeckh Foundation



# OUR GOAL



## Improve youth mental health care in Canada through transforming care and research

- 1 Opening integrated youth mental health service sites across Canada that provide quick access to services iwithin 72 hours.
- 2 Working with youth, families and carers, service providers, and researchers from coast to coast to coast, our network has designed and put in place an evaluation toolkit to ensure that youth receive the right care, at the right time, in the right place – and on their terms.
- 3 Helping service providers, managers, and clinical leaders across Canada optimize their services through transformation of services, integration of evaluation into care and engagement of youth, families and carers.

## 2016-2017 HIGHLIGHTS



In February 2017, over 150 stakeholders came together for the second annual ACCESS Open Minds network meeting in Montréal, Québec.

*“We do things outside the mainstream, and for a long time we weren’t telling anyone what we were doing. But with ACCESS, we have confidence to share our processes and approaches.”*

*- Daphne Hutt-MacLeod, Site Lead, Eskasoni First Nation*

The ACCESS Open Minds network is made up of 300+ youth, families and carers, service providers, researchers, and policy makers from across Canada, all working together to transform youth mental health care. At ACCESS OM sites, youth in need are able to get help that is based on their own goals and needs, where and when they want it. Common research and evaluation tools are used by all ACCESS OM sites to support evidence-informed practice, and will pave the way for all Canadian youth to be able to receive mental health care appropriate to their needs and situation.

Sites opened in 2016-17



ACCESS OM Chatham-Kent, Ontario



ACCESS OM Eskasoni First Nation, Nova Scotia



ACCESS EO RIPAJ-Montréal, Québec



ACCESS OM Sturgeon Lake First Nation, Saskatchewan



ACCESS EO Parc-Extension, Montréal, Québec



ACCESS OM Edmonton, Alberta



ACCESS OM Ulukhaktok, Northwest Territories



ACCESS OM Elsipogtog First Nation, New Brunswick



ACCESS OM University of Alberta



ACCESS OM Caraquet, New Brunswick



ACCESS OM Aaschihkuwaataauch, Mistissini, Québec



ACCESS OM PEER SJ, Saint John, New Brunswick

# OUR PLANS

Over the coming years, we will continue to ensure that youth have direct and rapid access to the best care on their own terms. Through our network that connects youth, families and carers, service providers, and policy makers from across the country, we will set Canada as a leader in youth mental health care and research.



## Widening our reach and impact

The ACCESS Open Minds network will continue to share the knowledge generated by our project with other youth mental health initiatives and services, both within Canada and abroad. In the coming years, we will widen our reach to other initiatives that are interested in implementing the ACCESS OM frameworks for service delivery, program evaluation, and research.



## Generating new knowledge

Our goal is to ensure that youth in Canada receive the best care possible. This means transforming the current systems and generating new knowledge about the impact of integrated youth mental health services.

The knowledge generated about youth mental health care and service provision by ACCESS Open Minds will help to build a better future for young Canadians.

# GET IN TOUCH WITH US



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